



LASIK/LASEK/PRK/Enhancement Pre-Operative Information

Prior to Surgery

Be out of contacts 2-6 weeks before surgery (date given by surgery scheduler)

Surgery Day Requirements

- Bring drops and valium to surgery
- Patient will require a driver
- Wear loose comfortable clothing
- Eat regularly prior to surgery to prevent stomach upset
- Take any daily medication
- DO NOT wear any strongly scented items
- DO NOT wear any jewelry
- DO NOT wear any makeup

Post-Operative Restrictions for All Procedures

- Do not drink any alcoholic beverages for the first 24 hours
- One week - NO eye makeup
- Two Weeks - NO swimming, hot tubs, saunas, gardening, or dusty environments
- Three Weeks - NO aggressive eye rubbing

Post-Operative Instructions for all Procedures

- A nap post-op is recommended to rest the eyes
- Shields are to remain on while sleeping for 4 nights
- Preservative free artificial tears may be used as needed. There is no limit to how much/often they can be used.
- Tearing, watering, burning is common/normal. Tylenol, ibuprofen, ice compress, or artificial tears can be used as needed
- Showering with eyes closed is acceptable
- Reading/computer/phone/TV are all fine to do as patient feels able
- Exercise and air travel are fine to resume the day following surgery
- MD might place a soft contact lens over the eye(s) as a bandage. MD will go over protocol with patient for this as needed.



Drop Information - LASIK/Enhancement
(Shake Drops prior to use and space 1 minute apart)

Day of Surgery	
Moxifloxacin/Vigamox	Lotemax/Prednisolone
1 drop, every 4 hours until bedtime	1 drop, every 2 hours until bedtime

OR

Multi Drop
Attempt 1 drop, 3 times before bedtime

After 1 Day Post-Op	
Moxifloxacin/Vigamox	Lotemax/Prednisolone

OR

Multi Drop
1 drop, three times a day for 7 days

Drop Information - LASEK/PRK
(Shake Drops prior to use and space 1 minute apart)

Day of Surgery		
Moxifloxacin/Vigamox	FML/Flarex	Prolensa/Ketorolac
OR		
Multi Drop		
Attempt 1 drop of each, 3 times before bedtime		

After 1 Day Post-Op for 7 Days			
Moxifloxacin/Vigamox	FML/Flarex	Prolensa/Ketorolac	Vitamin C (500 mg)
1 drop, 3 times per day	1 drop, 4 times per day	1 drop, 1 time per day	Take 2 times per day
OR			
Multi Drop		Vitamin C (500 mg)	
1 drop, 3 times per day		Take 2 times per day	